



Cooperative Extension's  
Youth Development Program

# Forsyth County 4-H

# Summer Adventures

## 2014 Information/Registration Packet

Mail or Bring required forms and payment to:

Forsyth County Cooperative Extension  
1450 Fairchild Road Winston-Salem, NC 27105

Registration Hours are 8:30-1:00 PM and 2:00-4:30 pm Monday-Friday  
NO REGISTRATION WILL BE TAKEN BY PHONE or FAX  
and we cannot "save" spaces without forms and fees paid.



For more information: Call (336) 703-2850 or  
e-mail: [awbowman@ncsu.edu](mailto:awbowman@ncsu.edu)



North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, or disability. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina State University, North Carolina A&T University, U.S. Dept. of Agriculture and local governments cooperating.

We have planned lots of fun and exciting events and are looking forward to you joining us!

- Space is limited and is available on a first come, first serve basis to all Forsyth County youth; however, active 4-H members are allowed to register first.
- Refunds will be made **ONLY** if session has been filled or cancelled, and refunds will be mailed in late August 2014.
- Participants should wear comfortable shoes and clothing for all sessions. Sandals, flip-flops, or open-toed shoes of any kind are not acceptable for outdoor activities and participant may not be allowed to fully participate if such footwear is worn.
- For all trips and activities, Forsyth County 4-H, its staff and volunteers, **are not responsible** for sunburn or insect bites and **will not** administer either sunscreen or insect repellent. Parent/Guardian is responsible for applying these protective agents.
- All events operate under the **4-H Code of Conduct and Disciplinary Procedure** which is a condition of participation in 4-H events and activities. We reserve the right to suspend your child from the program without a refund should he/she become disruptive and/or violate the 4-H Code of Conduct in any way. If a child is dismissed from the program, then the parent/guardian or your designee must pick the child up immediately.
- Forsyth County 4-H will provide one snack and one drink for a morning snack for all classes. Classes longer than three hours will also receive an afternoon snack. Feel free to send additional snacks if your child will want more than one but **NO PEANUT PRODUCTS** will be allowed!
- **For accommodations for persons with disabilities or food allergies, contact Forsyth County 4-H at 336-703-2850, or email [awbowman@ncsu.edu](mailto:awbowman@ncsu.edu) no later than ten business days before the event.**

The one-time registration fee of \$7.00 provides for a t-shirt.

Program fees cover a snack for all programs and workshop materials.

**There are only 2 ways to register:**

1. **MAIL:** Send completed registration form(s) and check or Money Order made payable to **Forsyth County 4-H** to Forsyth County 4-H · 1450 Fairchild Road · Winston-Salem, NC 27105 **OR**
  2. **IN PERSON:** Stop by the 4-H Office at the Forsyth County Cooperative Extension Center (**Monday-Friday, 8:30am-1:00 pm or 2:00 pm-4:30 pm**) with your registration form(s) and check/money order or the exact amount of cash. 4-H members may use scholarship dollars. [Click here for more information on our scholarship dollar policy.](#)
- **ABSOLUTELY NO REGISTRATION WILL BE TAKEN BY PHONE or FAX and we cannot “save” spaces without a registration form and fees paid.**
  - **PLEASE NOTE THAT MEDICAL RELEASE FORMS MUST BE NOTARIZED; however, there MAY be a notary public in our office that can notarize these forms for you. Please call Kathy at 703-2852 to schedule an appointment.**

For more information or to have a registration form either faxed or mailed to you, please call 703-2850 or visit us at: <http://www.forsyth.cc/CES/4-H/>.

**Please be prepared to have an adult sign your child(ren) (age 12 and under) in and out of every event.**

## Hiking the Blue Ridge

Date: June 16 **OR** July 14 (pick **ONLY ONE** date)

Place: Meet at Forsyth Cooperative Extension

Time: 8 am —5 pm

Ages: 9-13

Cost: \$10.00

Instructor: Scott Welborn, Horticulture Extension

Agent and Wendi Hartup, Natural Resources

Extension Agent

Travel with Extension staff to Julian Price Memorial Park (near Blowing Rock) to hike in the Blue Ridge Mountains! Learn about the geology of the rock formations, and the plant life in the area, all while having a lot of fun. Lunch and two snacks are included.

You should wear closed-toe shoes appropriate for hiking. You may want to apply sunscreen and bug spray. Consider bringing a camel back water carrier or other appropriate device. Water will be provided.

## Introduction to Sewing

Date: June 17 **OR** June 24 (pick **ONLY ONE** date)  
Place: Papanana, 145 Retail Circle, Mountainview Plaza, King, NC (Hwy 66 & Moore/Mountainview Rd)  
Time: 9 am — 12 pm  
Ages: 9-18  
Cost: \$15.00  
Instructor: Melanie Moser

Interested in sewing with a sewing machine? Come learn the basics of how to thread and operate a machine. Bring your own machine or use one of Papanana's. Colorful, youth friendly fabric (suitable for girls **AND/OR** boys) is provided. You will get to make your own pillow case!

Mrs. April will be present 6-17; Debbie Cox, Stokes County Family and Consumer Science Agent will be present 6-24.

## 4-H Investigates!

Date: June 17 - 19  
Place: Stokes Cooperative Extension Office  
Time: 8:00am - 4:30pm  
Ages: Middle Schoolers  
Cost: \$20  
Instructors: Matt Barber, Stokes 4-H Agent, other 4-H Agents & guest speakers



**Register with Stokes County Cooperative Extension 593-8179** for this fun class! You will travel to Randolph County where you will solve the mystery of who killed Henry Ward back in the 1950s as you become detectives to solve a "murder" mystery. Solve this crime by exploring various techniques including blood typing, forensic anthropology, fingerprint analysis, impression analysis of tires and shoes, hair analysis, blood spatter and DNA evidence.

Lunch and snacks are provided all 3 days. *This workshop may not be repeated so if you have previously participated you are unable to register.*

## Sewing: Tote Bags

Date: June 18 **OR** June 25  
Place: Papanana, 145 Retail Circle, Mountainview Plaza, King, NC (Hwy 66 & Moore/Mountainview Rd)  
Time: 9 am — 12 pm  
Ages: 9-18  
Cost: \$25.00  
Instructor: Melanie Moser



Make your very own tote bag to take home! Get creative with your fabric combinations! Fabric is provided. You may bring your own sewing machine or borrow one from Papanana. Youth should either **KNOW** how to operate a sewing machine **OR** take the beginner class on June 17 or June 24.

Mrs. April will be present 6-18; Matt Barber, Stokes County 4-H Agent will be present 6-25.

## Livestock Judging & Skill-a-thon Clinic

Date: June 26-27

Place: Meet at the Forsyth Cooperative Extension Center and travel to NCSU

Time: ALL DAY (and overnight)

Ages: 9 - 18

Cost: \$Free

Instructors: April Bowman, 4-H Agent; Brent Jennings, State 4-H Youth Livestock Specialist and experts in the field.



Come learn about livestock evaluation including: swine, sheep, meat goats and beef cattle on Thursday. Experts will share with you evaluation techniques and learn desirable traits to look for in livestock. On Friday you will learn more about all segments of the industry including wool and hay quality, feed, meat and equipment identification, etc.

Lunch will be provided both days and supper and lodging Thursday night are provided by *Forsyth County Farm Bureau*.

Since this is an overnight trip **ABSOLUTELY NO BEHAVIOR** issue will be tolerated. You **ARE** expected to pick your child up in Raleigh should they violate the 4-H Code of Conduct and/or disturb other hotel guests.

## Science-ology

Date: June 30

Place: TBD (Either Wake Forest University or the Forsyth Extension Center)

Time: Tentatively 9 am -12 pm

Ages: 9-18

Cost: \$10

Instructors: Wake Forest University staff (supervised by April Bowman, 4-H Extension Agent)

Join Wake Forest University professor, Paul Whitener, as he teaches us to make a computer keyboard out of vegetables!

This class promises to be hands-on learning at its best!



## Introduction to Crocheting

Date: July 1 **OR** July 18 (pick one)

Place: Papanana, 145 Retail Circle, Mountainview Plaza, King, NC (Hwy 66 & Moore/Mountainview Rd)

Time: 9 am — 12 pm

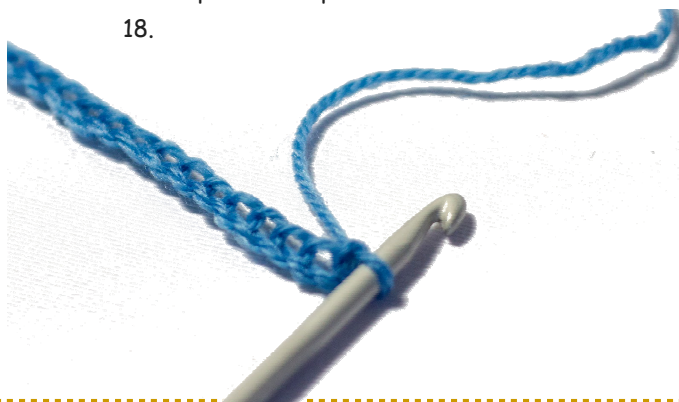
Ages: 9-18

Cost: \$12.00

Instructor: Melanie Moser

You will be provided with a hook and a skein of yarn to keep and will learn how to crochet a chain.

Mrs. April will be present 7-1; a 4-H Volunteer will be present 7-18.





## Going Wild for Nature

Date: July 2

Place: Forsyth Cooperative Extension Office

Time: 12:30—4:00 pm

Ages: 5—11

Cost: \$7.00

Instructors: Hope Arrowood, Samuel Barrick,

Sidney & Jadya Hooker; Melinda Barrick and

Carla Arrowood; Forsyth County 4-H Forestry and Horticulture Judging Team Members and Coaches

Come learn about the forest and the living things in it. This hands-on class promises to be fun, engaging and maybe even get you a little dirty!

Please wear CLOSE-TOED SHOES!

A snack will be provided.

## Sewing: Fabric Notebook Cover

Date: July 3 **OR** July 15 (pick one)

Place: Papanana, 145 Retail Circle, Mountainview Plaza, King, NC (Hwy 66 & Moore/Mountainview Rd)

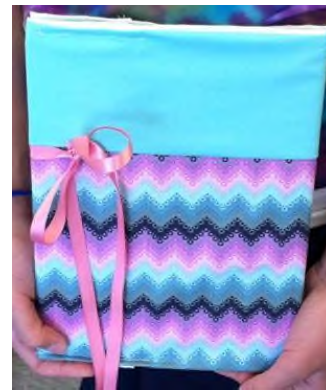
Time: 9 am — 12 pm

Ages: 9-18

Cost: \$15.00

Instructor: Melanie Moser

Sew a fabric notebook cover, and attach a pretty ribbon to tie it closed with. Fabric and notebooks are provided. Feel free to bring your own machine and tools or borrow one from Papanana.



## Introduction to Drawing

Date: July 9

Place: Forsyth County Cooperative Extension

Time: 9-12 pm **OR** 1 pm—4 pm (pick one)

Ages: 8-13

Cost: \$4

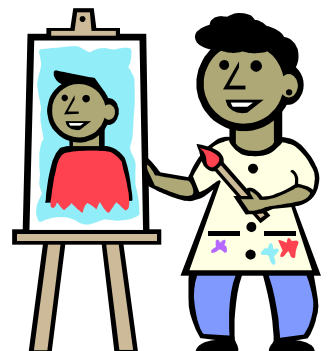
Instructors: Lindsey Hooker, Teen 4-H member;

assisted by Sidney Hooker, Teen 4-H member and

supervised by Gwenda Hooker, 4-H Volunteer

Learn drawing techniques that will help you create beautiful, detailed pictures! Get your creative juices flowing!

Art supplies and a snack are provided.



## Environmental Camp

Date: July 7-10

Place: Guilford Cooperative Extension Office

Time: 9 am—4 pm

Ages: Middle School

Cost: \$30

Instructors: Peggie Lewis Joyce and Sadie Payne,  
4-H Agents

Register with Guilford County Cooperative Extension 375-5876. Bring Your Lunch, drink/ water bottle & 2 canned food items for the food pantry. Bring/wear closed toe/heel shoes, socks, long pants, sunscreen and bug spray for our field trips. Come and Discover your ENVIRONMENT! We will take daily field trips to investigate our natural resources...trees, water, wildlife and soils through hikes and hands-on activities. Enjoy a wild game lunch on Wednesday.

## State 4-H Livestock Judging, Skill-a-thon & Quiz Bowl Competition

Date: July 15-17

Place: Meet at the Forsyth Cooperative Extension Office

Time: All Day & Overnight

Ages: 9-18

Cost: \$Free

Chaperone: April Bowman, 4-H Agent

Youth **MUST** have done livestock judging before or have participated in the June clinic in order to compete.



Participate in the state 4-H livestock judging contest (swine, sheep, meat goats and beef cattle). Compete in the Skill-a-thon contest including wool and hay judging, feed, meat and equipment identification, etc. Have the opportunity to participate in a quiz bowl with a team of three other individuals. Lunch will be provided all three days and supper and lodging Tuesday and Wednesday night are provided by *Forsyth County Farm Bureau*. Since this is an overnight trip **ABSOLUTELY NO BEHAVIOR** issue will be tolerated. You **ARE** expected to pick your child up in Raleigh should they violate the 4-H Code of Conduct and/or disturb other hotel guests.

## Beef BBQ Boot Camp

Date: July 25

Place: Forsyth Cooperative Extension Office

Time: 7am—5 pm

Ages: 14-18

Cost: \$5

Instructors: Dr. Dana Hanson, Travis Tennant,  
Dr. Ben Chapman, Ellen Thomas  
and other specialist in Food Science at NCSU

Travel to NC State University where youth will learn about Barbecue Meat Science 101, new cooking methods, food safety, nutrition, and current topics related to beef.



## Farm to Freezer

Date: July 29-July 31

Place: Forsyth Cooperative Extension Office

Time: 9am - 3pm

Ages: 8 - 18

Cost: \$10

Instructors: April Bowman,  
4-H Agent; and others



Each morning will be spent at a local farm learning about their operation and harvesting produce. After lunch we will preserve the food through pickling, freezing, or canning (boiling water bath).

Lunch, drinks, two snacks and a chartered bus will be provided all three days due to generous sponsorship from *Forsyth County Farm Bureau*.



Bug spray and sunscreen are advised for the morning trips.

## Junk Drawer Robotics

Date: August 5 - 7

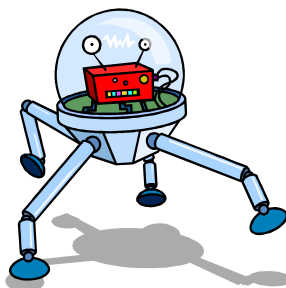
Place: Forsyth Cooperative Extension Office

Time: 8am - 4pm

Ages: Middle Schoolers

Cost: \$30

Instructor: Morgan Maness,  
Rockingham County 4-H Agent



Have you ever built a robot from junk? Here's your chance! You will be challenged to build a robotic arm from everyday household items. Youth will gain an understanding in the basic science concepts related to robotics while building skills in science, technology and engineering. This program is for youth who love science and love to design things!

Lunch, drinks, snacks and robot materials will be provided. Note: We will travel by van to the Rockingham County Cooperative Extension center for this program.

## Youth Beef Industry Tour

Date: August 3-6

Place: Meet at NCSU & travel across the state

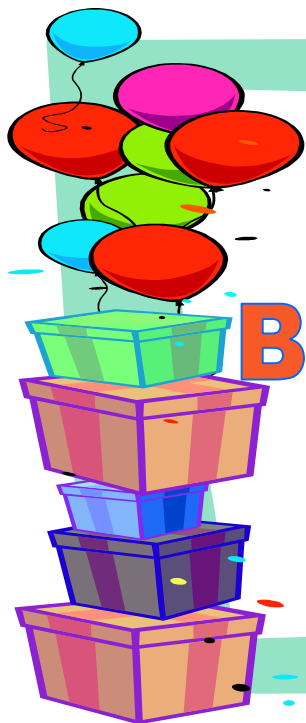
Ages: 14-21

Cost: FREE

Learn about all facets of the Beef Industry and enhance your knowledge. This event is FREE and includes travel during the event (but not to NCSU), lodging, meals, and shirts for each day. The event is sponsored by the NC Cattle Assessment.

Visit [http://www.cals.ncsu.edu/an\\_sci/extension/animal/4hyouth/ah4h.html](http://www.cals.ncsu.edu/an_sci/extension/animal/4hyouth/ah4h.html) to register.

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**Happy 100th  
Birthday Cooperative  
Extension!**





# 2014 Forsyth County 4-H Summer Adventures

Please return this form with a 4-H Enrollment form and Medical Release form (if not already on file for 2014) and registration fees to the Forsyth Cooperative Extension Center at 1450 Fairchild Rd, Winston-Salem, NC 27105, by mail or in person from 8:30 AM—1 PM or 2 PM—4:30 PM. Please print clearly. **ONE participant** per form!

NAME: \_\_\_\_\_ AGE as of 1/1/2014: \_\_\_\_\_

BIRTHDATE: \_\_\_\_\_ RACE(S): \_\_\_\_\_ GENDER: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

PARENT EMERGENCY CONTACT NUMBER: \_\_\_\_\_

**T-SHIRT Size:** Y/SM \_\_\_ Y/MD \_\_\_ Y/LG \_\_\_ A/SM \_\_\_ A/MD \_\_\_ A/LG \_\_\_ A/XL \_\_\_ A/XXL \_\_\_ A/XXXL \_\_\_

**Extra t-shirts may be ordered for \$8.00:**

Y/SM \_\_\_ Y/MD \_\_\_ Y/LG \_\_\_ A/SM \_\_\_ A/MD \_\_\_ A/LG \_\_\_ A/XL \_\_\_ A/XXL \_\_\_ A/XXXL \_\_\_

June 16	*Hiking the Blue Ridge	\$ 10.00*	
June 17	*Intro to Sewing/Pillowcase	\$ 15.00 *	
June 18	*Sewing: Tote Bags	\$ 25.00 *	
June 24	*Intro to Sewing/Pillowcase	\$ 15.00 *	
June 25	*Sewing: Tote Bags	\$ 25.00 *	
June 26-27	4-H Livestock Judging/Skill-a-thon Clinic	\$ Free	
June 30	Science-ology	\$ 10.00	
July 1	*Introduction to Crocheting	\$ 12.00 *	
July 2	Going Wild for Nature	\$ 7.00	
July 3	*Sewing: Fabric Notebook Cover	\$ 15.00 *	
July 9, 9AM-12PM	*Introduction to Drawing	\$ 4.00*	
July 9, 1PM-4PM	*Introduction to Drawing	\$ 4.00*	
July 14	*Hiking the Blue Ridge	\$ 10.00*	
July 15	*Sewing: Fabric Notebook Cover	\$ 15.00 *	
July 15-17	State 4-H Livestock Judging Contest	\$ Free <sup>2</sup>	
July 18	*Introduction to Crocheting	\$ 12.00 *	
July 25	Beef BBQ Boot Camp	\$ 5.00	
July 29-July 31	Farm to Freezer	\$ 10.00	
Aug 5-7	Junk Drawer Robotics	\$ 30.00	
	<b>Registration Fee</b>	<b>\$ 7.00</b>	
	Additional t-shirts	\$ 8.00 each	
	<b>TOTAL AMOUNT</b>		
	minus \$ _____ 4-H Scholarship Dollars used = Balance of	\$	

\*You may only sign-up for ONE of the repeated workshops.  
<sup>2</sup> Must attend June 26-27 or have done livestock judging previously.

We will do our best to honor the T-shirt size requested, but cannot make guarantees!



# 4-H Enrollment Form



Name of 4-H Group/Unit: \_\_\_\_\_ Year: \_\_\_\_\_

Member Name: \_\_\_\_\_  
First Middle Last

Address: \_\_\_\_\_  
Street Address City State Zip Code

Phone: (\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_ County: \_\_\_\_\_

Gender\*:  Male  Female Date of Birth: \_\_\_\_\_ Grade: \_\_\_\_\_ School Attending: \_\_\_\_\_

If re-enrolling in 4-H, how many years have you been in 4-H: \_\_\_\_\_

Do you live\*:  Farm  City over 50,000 people  
(Choose only one)  Town under 10,000 people or rural non-farm  Suburbs of city over 50,000 people  
 City 10,000-50,000 people  Military installation: \_\_\_\_\_

Do you have parent/guardian(s) active in the military? Yes \_\_\_ No \_\_\_

If yes, circle all that apply: Army Air Force Navy Marines Coast Guard National Guard(Air & Army) Reserves

Ethnic group:\* A. Choose One:  Hispanic or Latino  Non-Hispanic or Latino

B. Choose all that apply:

- White or Caucasian  Asian
- Black or African-American  Native Hawaiian or other Pacific Islander
- American Indian or Alaska Native  Other \_\_\_\_\_

Parent or Guardian: \_\_\_\_\_  
First Middle Last

Address: \_\_\_\_\_  
Street Address City State Zip Code

Phone: \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_  
Area Code Daytime/Cell phone Area Code Home phone Email (if applicable)

Additional Parent or Guardian: \_\_\_\_\_  
First Middle Last

Address: \_\_\_\_\_  
Street Address City State Zip Code

Phone: \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_  
Area Code Daytime/Cell phone Area Code Home phone Email (if applicable)

### 1. A parent or guardian should sign below whichever statements you wish to apply to the youth's involvement in 4-H programs.

\_\_\_\_\_ I agree to allow 4-H to take photographs/audio/video of my child for use in 4-H and other N.C. Cooperative Extension educational, promotional, and/or marketing materials. Neither individual addresses nor telephone numbers will be published within these materials.

\_\_\_\_\_ I do not wish for 4-H to take photographs/audio/video of my child for use in 4-H or N.C. Cooperative Extension educational, promotional or marketing purposes.

2. The enrolling youth is bound by the NC 4-H Code of Conduct and Disciplinary Procedure for 4-H events and activities. The youth should initial here if he/she has received and reviewed the NC 4-H Code of Conduct and Disciplinary Procedure for 4-H events and activities: \_\_\_\_\_.

*\*This information is required for all federally assisted programs and is solely used for the purpose of determining compliance with Federal civil rights laws; your responses will not affect consideration of your application. By providing this information, you will assist us in assuring that this program is administered in a nondiscriminatory manner.*



<b>For office use only</b>
4-H Membership # _____
Date entered: _____



**4-H MEDICAL INFORMATION AND INFORMED CONSENT FOR TREATMENT  
FOR NC 4-H SPONSORED EVENTS**

4-H'ers Name \_\_\_\_\_

PLEASE READ AND COMPLETE THE FOLLOWING FORM. THIS FORM MUST BE PRESENTED AT THE OFFICIAL REGISTRATION FOR THE 4-H SPONSORED EVENT BEING ATTENDED.

**I. Medical Information**

Known allergies to foods, drugs, insect stings or bites, etc: \_\_\_\_\_

Special medical concerns or conditions that event supervisors should know about, including contagious illnesses, epilepsy, asthma, diabetes, previous injuries to bones/joints, etc. \_\_\_\_\_

List special dietary needs: \_\_\_\_\_

Medications currently being taken (name of medication, dose, and frequency): \_\_\_\_\_

Family Physician: Name \_\_\_\_\_ Phone # (\_\_\_\_) \_\_\_\_\_

Address \_\_\_\_\_

**II. Insurance Information**

The 4-H program purchases insurance for youth participants for many sponsored events. In some cases, this coverage will not pay for some medical expenses and it may be necessary to bill the family or your insurance company.

Health Insurance Company \_\_\_\_\_ Health Insurance  
Policy # \_\_\_\_\_ Company Address  
\_\_\_\_\_ Phone Company Telephone  
Number (\_\_\_\_) \_\_\_\_\_

**III.**

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact \_\_\_\_\_ [name, office] at \_\_\_\_\_ [phone number/TTY] during business hours of 8 a.m. and 5 p.m. to discuss accommodations at least \_\_\_\_\_ [hours/days] prior to the activity.

**Signatures Acknowledging Parts I, II, and III**

Parent's/Guardian's signature \_\_\_\_\_ Date: \_\_\_\_\_

Participant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian telephone #: Home \_\_\_\_\_ Work \_\_\_\_\_

**IV. Informed Consent**

**In the event that a participant needs minor medical care from 4-H or more significant medical care from a qualified health care provider, including in rare cases possible hospitalization and/or surgery, the parent/guardian is asked to sign the informed consent form below. In case of serious medical condition, 4-H will make every effort to notify the parents, but the first priority may be providing care to the participant.**

Authorization to Consent to Health Care for Minor

I, \_\_\_\_\_, of \_\_\_\_\_ County, am the custodial parent having legal custody of \_\_\_\_\_, a minor child, age \_\_\_\_\_, born \_\_\_\_\_ . I authorize any adult(s) acting as agents (including official volunteers) or employees of the \_\_\_\_\_ 4-H program and in whose care the minor child has been entrusted , to do any acts which may be necessary or proper to provide for the health care of the minor child, including , but not limited to, the power (i) to provide for such health care at any hospital or other institution, or the employing of any physician, dentist, nurse, or other person for such health care, and (ii) to consent to and authorize any health care, including administration of anesthesia, X-ray examination, performance of operations, and other procedures by physicians, dentists, and other medical personnel except the withholding or withdrawal of life sustaining procedures.

This consent shall be effective for one year from the date of the execution.

Custodial Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

STATE OF NORTH CAROLINA  
COUNTY OF \_\_\_\_\_

On this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_, personally appeared before me the said named, \_\_\_\_\_, to me known and known to me to be the person described in and who executed the foregoing instrument and he (or she) acknowledged that he (or she) executed the same and being duly sworn by me, made oath that the statements in the foregoing instrument are true.

My commission expires \_\_\_\_\_, 20\_\_\_\_\_.

\_\_\_\_\_  
Notary Public  
\_\_\_\_\_

(OFFICIAL SEAL)



## 4-H Code of Conduct and Disciplinary Procedure North Carolina Cooperative Extension Service



### I. **Purpose and Application:**

- A. The 4-H Code of Conduct is intended to foster a safe environment that is conducive to optimal learning and growth. Toward that end, youth participants are expected to behave in a way that respects the rights and property of others, and that will not disrupt or interfere with 4-H program goals.
- B. This 4-H Code of Conduct and Disciplinary Procedure is a condition of participation in any North Carolina 4-H activities or programs.

### II. **Behaviors Prohibited at 4-H program Activities:**

- A. Possession, selling, and/or use of alcoholic beverages, tobacco products, and illegal drugs OR being present where individuals are using alcohol, tobacco products and/or any illegal substances
- B. Any kind of sexually related physical contact
- C. Possession of weapons or firearms (except while participating in a 4-H Shooting Sports Event)
- D. Behavior that violates state or local laws
- E. Damage to property of others
- F. Theft, misuse or abuse of public or personal property
- G. Conduct that jeopardizes the safety of self or others
- H. Conduct that disrupts or interferes with 4-H programming
- I. Leaving a program or facility without permission of parents or 4-H staff (including authorized volunteers)
- J. Inappropriate dress, including but not limited to clothing that is sexually suggestive, indecent, or otherwise disruptive to the operations or goals of 4-H. Examples include clothing with negative or hateful language or symbols; see-through blouses, skirts or pants; sagging pants; exposed undergarments; bare midriff shirts; and excessively short or tight garments. Clothing should meet the standards expected in public schools. Specific clothing requirements may be required where appropriate for a particular event
- K. Unruly behavior in hotels and public areas, particularly during overnight events. There should be no running in the halls, prank calls, unnecessary noise, excessively late hours, or visiting in rooms of the opposite sex

### III. **Additional Basis for Disciplinary Action**

County or State Extension personnel may impose discipline pursuant to Part IV below in cases of misconduct by current, former, or prospective 4-H participants if, in the judgment of 4-H personnel or their supervisors, the misconduct poses a potential risk to the 4-H program. This includes risks to the safety or well-being of others and risks to the effective functioning or integrity of 4-H. This applies regardless of whether the misconduct occurred during a 4-H activity or in a setting unrelated to 4-H activity.





#### IV. Disciplinary Procedures:



- A. Discipline may be imposed by any 4-H staff or Cooperative Extension Service employee who has oversight responsibility for 4-H activities.
- B. Unless immediate action is required, the following procedures must take place before there can be any finding or conclusion of guilt:
  - 1) the accused participant shall be told the charge (which of the prohibited behaviors listed above he or she is accused of violating), and
  - 2) the accused participant is told what factual evidence supports the charge, and
  - 3) the accused participant has been given a chance to tell his/her side of the story.
- C. The 4-H staff person must be satisfied that the participant more likely than not engaged in the prohibited behavior before imposing a sanction.
- D. Sanctions may include some or all of the following:
  - 1) Verbal warning
  - 2) Notification to parents
  - 3) Immediate removal from the activity
  - 4) Being placed on a behavior contract
  - 5) Referral to local law enforcement and/or juvenile court
  - 6) Program suspension and/or
  - 7) Expulsion from program
  - 8) Other sanctions appropriate to the circumstances, as determined by 4-H.
- E. Appeals
  - 1) Disciplinary action for local or county-level events may be appealed to the County Director and or 4-H Agent. All appeals must in writing and must be received by the County Director and or 4-H Agent within 30 days of the disciplinary action. The County Director and or 4-H Agent or designee shall review the appeal statement, any written response from the decision maker, and may review other relevant information. The County Director and or 4-H Agent shall send a written decision to the appellant, the 4-H staff member who made the initial decision, and Head of the Department of 4-H Youth Development. The County Director and or 4-H Agent's appeal decision shall constitute the final agency action unless the Department Head chooses to exercise further review.
  - 2) Disciplinary action for regional or state-level events may be appealed to the Head of the Department of 4-H Youth Development, Cooperative Extension Service, Box 7606, NC State University, Raleigh NC 27695-7606; telephone (919) 515-3242. All appeals must in writing and must be received by the Department within 30 days of the disciplinary action. The Department Head or designee shall review the appeal statement, any written response from the decision maker, and may review other relevant information. The Department Head shall send a written decision to the appellant and the 4-H staff member who made the initial decision, and the Department Head's appeal decision shall constitute the final agency action.
- F. Immediate action situations:

4-H or Extension staff may take immediate action to remove a participant from an activity and other action as needed, where there is an emergency situation or significant risk of continuing misconduct. In those cases, the immediate action is temporary discipline and the 4-H or Extension staff must arrange for the procedures in parts B, C, D, and E above as soon as possible but in no event longer than seven days from the temporary discipline.